

Sex and Relationship Education – CURRICULUM OUTLINE

The Primary PSHE scheme of work that Stapleford Primary School has adopted provides a comprehensive Programme for Primary PSHE including statutory Sex and Relationships and Education (SRE). It provides the children with relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. Alongside this the school Science Curriculum also delivers some SRE content. A Sex and Relationship Education Policy is in place and parents and carers have been consulted on this. All SRE lessons are presented within a moral, family-orientated and Christian framework.

At Stapleford Primary School children spend two years in each class. The curriculum is a two-year cycle to prevent repetition. The Sex and Relationships curriculum is covered by our PSHE and Science curriculums. These are outlined below:

KS1 & KS2 (Classes 1, 2 & 3)

PSHE (see PSHE Association and Philosophy 4 Children schemes of work)	YEAR A			YEAR B		
	AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM
	Health and Wellbeing i) Healthy lifestyles ii) Mental health	Relationships i) Families and close positive relationships ii) Friendships	Living in the wider world – i) Shared responsibilities ii) Communities iii) Media literacy and digital resilience	Health and Wellbeing i) Ourselves, growing and changing ii) Keeping safe iii) Drugs, alcohol & tobacco	Relationships i) Managing hurtful behaviour & bullying ii) Safe relationships iii) Respecting self and others	Living in the wider world – i) Economic wellbeing: money ii) Economic wellbeing: Aspirations, work and career
	Philosophy for Children P4C: New Beginnings and Getting on and falling out	Philosophy for Children P4C: Going for goals and Good to be me	Philosophy for Children P4C: Relationships and Changes	Philosophy for Children P4C: New Beginnings and Getting on and falling out	Philosophy for Children P4C: Going for goals and Good to be me	Philosophy for Children P4C: Relationships and Changes

KS1 (Class 3)

Science (See Hamilton Trust scheme of work)	YEAR A			YEAR B		
	AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM
	AMAZING ME Y1 Animals including humans and Y2 Animals including humans : focus on our bodies and health	BRILLIANT BUILDERS Y1 Everyday materials and Y2 Uses of everyday materials : focus on uses of materials including building	WILD AND WONDERFUL CREATURES Y1 Animals including humans and Y2 Animals including humans : focus on wild animals/fish.	PEOPLE AND THEIR PETS Y1 Animals including humans and Y2 Animals including humans : focus on pets	BRILLIANT BUILDERS Y1 Everyday materials and Y2 Uses of everyday materials : focus on comparing materials	EXPLORING CHANGES Y1 Everyday materials and Y2 Uses of everyday materials : focus on change
	WILD WEATHER Y1 Seasonal changes	GROWING THINGS Y1 and Y2 Plants : focus on needs of plants and growth	FOOD CHAINS Y2 Living things and their habitats : focus on food chains	WEATHER ART Y1 Seasonal changes	ART AND NATURE Y1 and Y2 Plants : focus on parts of flowering plants and trees	HABITATS AND HOMES Y2 Living things and their habitats : focus on habitats

LOWER KS2 (Class 2)

Science (See Hamilton Trust scheme of work)	YEAR A			YEAR B		
	AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM
	MAGNETIC FUN AND GAMES Year 3 Forces and Magnets	A WORLD OF LIVING THINGS Year 4 Living things and their habitats	WHAT'S THE MATTER? Year 4 States of matter	THIS PLANET ROCKS Year 3 Rocks	HABITAT HELPERS Year 4 Animals including humans	THE CIRCLE OF LIFE Year 4 States of matter
	FIT FOR SUCCESS Year 3 Animals including humans : focus on food, nutrition, skeleton	A FEAST OF FLOWERS, FRUITS AND SEEDS Year 3 Plants : focus on life cycles	SOUNDS SPECTACULAR Year 4 Sound	SHINING THE LIGHT Year 3 Light	GREATLY GREEN GROWERS Year 3 Plants : focus on plants and their needs and how they work	ELECTRIC PERSONALITIES Year 4 Electricity

UPPER KS2 (Class 1)

Science (See Hamilton Trust scheme of work)	YEAR A			YEAR B		
	AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM
	ILLUSTRATING LIFE CYCLES Y5 Living things and their habitats	THE HUMAN SPECIES Y5 and Y6 Animals including humans	ELECTRIC ART Y6 Electricity	SPECIAL EFFECTS MATERIALS Y5 Properties and changes of materials	WELCOME TO FORCE-LAND Y5 Forces	SURVIVAL OF THE FITTEST Y6 Evolution and inheritance
	MATERIALS CONSULTANTS Y5 Properties and changes of materials	THEATRE LIGHTING TECHNICIANS Y6 Light	MEDICAL MANOEUVRES Includes more Y5 and Y6 content on Animals including humans	SPACE! Y5 Earth and space	THE CLASSIFICATION CODE Y6 Living things and their habitats	SENSATIONAL SCIENCE Includes more Y5 and Y6 content on Properties and changes of materials